

*Premier Image Cosmetic & Laser Surgery*  
*Premier Image Cosmetic & Laser Spa*



**Laser Vein Treatment Instructions**

**General pre-treatment instructions:**

- If you smoke it would be very beneficial if you could stop at least 1 week before and 1 week after your procedure. Smoking increases the possibility of poor healing due to comprised circulation.
- Tell us if you have taken Accutane® in the past six months or plan to start taking Accutane®.
- Inform us of any changes in medical history since your last visit.
- Shave the area to be treated within 12 hours prior to the treatment if necessary.
- Refrain completely from sunbathing for a minimum of 2 weeks before and 2 weeks after. Darkly pigmented skin may absorb a portion of the energy that should be striking the hair follicle, which will impact the desired results. If you should have to be exposed to strong sunlight for any length of time during your treatment schedule, wear tightly woven fabrics that will protect the treatment area from exposure to the sun.

**Prior to treatment, DO NOT'S:**

- Do not use aspirin, NSAID's (Ibuprofen, Naprosyn, Motrin, Alleve, etc.), Vitamin E, or supplements containing: Angelica Root, Gingko Biloba, Garlic, Ginger, Feverfew, Dong Quai, Chamomile, Clove or Licorice for 7 days prior to treatment. (Garlic, Ginger, and clove can be used in normal amounts in cooking).
- Do not use Tetracyclines and Zithromax Z-pack, or St. John Wort for 7 days
- Do not drink alcohol 24 hours prior to treatment.
- Do not take iron supplements or vitamins containing iron within three weeks of a vein treatment.

**Day of laser treatment:**

- If you are having a topical anesthetic applied prior to your treatment, please arrive 30 minutes before your scheduled time.
- If facial spider veins are being treated. Women: DO NOT put on any facial makeup, lipstick, or moisturizers after washing. Men: Please shave.
- If leg veins are being treated DO NOT apply any lotions or moisturizers the day of treatment and shave the night before.

**After your treatment:**

- Avoid sun exposure and wear SPF 30 sunblock for one month after treatment on all treated areas that may be exposed to the sun.
- The treated areas may turn red to dark purple which may last for several days.
- Cold compresses may be applied to reduce redness and swelling.
- Apply Post Laser Ointment twice daily as directed
- Treatment area should be gently washed daily with tepid water and mild soap, no hot water.
- If a blister or crust develops, you should call the clinic (770) 457-6303 or (770) 645-4310.

**After treatment, DO NOT'S:**

- Do not exercise, or perform strenuous activity for three days after treatment.
- Do not use Alcohol, Aspirin, Advil, or any blood thinners for five days.
- Do not take hot showers, baths, use hot tubs or saunas for five days.
- Do not sunbathe.

**After treatment expectations:**

- Expect some redness and mild swelling, which may convert to a "cat scratch" scab for 2-3 weeks.
- Leg vein resolution usually takes about 8-10 weeks. Facial vein resolution takes up to 2 weeks. At the end of this process, some vessels may be gone while others may be lighter or not affected.