

Premier Image Cosmetic & Laser Surgery
Premier Image Cosmetic & Laser Spa



Laser Resurfacing Treatment Instructions

General pre-treatment instructions:

- If you smoke it would be very beneficial if you could stop at least 1 week before and 1 week after your procedure. Smoking increases the possibility of poor healing due to comprised circulation.
- Tell us if you have taken Accutane® in the past six months or plan to start taking Accutane®.
- Inform us of any changes in medical history since your last visit.
- Shave the area to be treated within 12 hours prior to the treatment if necessary.
- Refrain completely from sunbathing for a minimum of 2 weeks before and 2 weeks after. Darkly pigmented skin may absorb a portion of the energy, which will impact the desired results. If you should have to be exposed to strong sunlight for any length of time during your treatment schedule, wear tightly woven fabrics that will protect the treatment area from exposure to the sun.

Prior to treatment, DO NOT'S:

- Do not use aspirin, NSAID's (Ibuprofen, Naprosyn, Motrin, Alleve, etc.), Vitamin E, or supplements containing: Angelica Root, Gingko Biloba, Garlic, Ginger, Feverfew, Dong Quai, Chamomile, Clove or Licorice for 7 days prior to treatment.
- Do not drink alcohol 24 hours prior to treatment.
- Do not apply self-tanning lotion for 2 weeks prior to treatment.

Day of laser treatment:

- If you are having a topical anesthetic applied prior to your treatment, please arrive 30 minutes before your scheduled time.
- Do not use any makeup or lotions on treatment area.

After your treatment:

- Avoid sun exposure and wear SPF 30 sunblock for one month after treatment on all treated areas that may be exposed to the sun.
- The treated areas may turn red for several days.
- Cold compresses may be applied to reduce redness and swelling.
- Apply Post Laser Ointment three times daily for 3-4 days or as directed, do not let the treated areas become dry!
- Treatment area should be gently washed daily with tepid water, no hot water.
- If a blister or crust develops, you should call the clinic (770) 457-6303 or (770) 645-4310.

After treatment, DO NOT'S:

- Do not use Aspirin, Advil, or any blood thinners for five days.
- Do not take hot showers, baths, use hot tubs or saunas for five days.
- Do not sunbathe.

After treatment expectations:

- Expect some redness and mild swelling.
- Mild irritation and sensation similar to sun burn is expected.